Contents lists available at ScienceDirect

Pharmacology, Biochemistry and Behavior

journal homepage: www.elsevier.com/locate/pharmbiochembeh

Limited access ethanol drinking in the dark in adolescent and adult mice

Pamela Metten ^{a,b, \ast , Lauren Lyon Brown ^{a,b}, John C. Crabbe ^{a,b}}

^a Portland Alcohol Research Center, Research Service, VA Medical Center, OR, United States

b Department of Behavioral Neuroscience, Oregon Health & Science University, OR, United States

article info abstract

Article history: Received 31 October 2010 Received in revised form 24 December 2010 Accepted 8 January 2011 Available online 14 January 2011

Keywords: Adolescent Ethanol Drinking in the dark Genetics Mice Development

Adult risk of alcohol dependence increases the younger one first engages in intoxicating consumption. Adolescent mice drink more ethanol than do adults on a gram per kilogram basis, an increase sometimes persisting into adulthood, and this is genotype-dependent. Most studies have used 24 h two-bottle preference, with a choice between ethanol and water. We studied the developmental onset of binge drinking using limited access ethanol drinking in the dark (DID) in male and female mice. To establish age dependence in DID magnitude, we tested HS/Npt mice of 6 ages for DID for 2 weeks, and when they were 9 weeks old, we retested them for 2 weeks vs naïve adult controls. Age groups drank equivalently in their first week; thus, adolescent HS/Npt mice do not show greater DID than adults. Six week old mice drank more ethanol during their second week relative to their other weeks. Ethanol DID during early adolescence (4 weeks) led to increased drinking in adulthood, as did initial DID exposure at 8 weeks. High drinking in the dark-1 (HDID-1) mice (4, 6, 9 weeks old), selectively bred for high blood ethanol after DID, were tested for 9 weeks. Mice beginning at 4 weeks generally drank more ethanol than those of other age groups. Comparison at the same ages showed that 9 week olds initiated at 4 weeks drank more ethanol than did naïve 9 week olds, but all three groups of age-matched mice drank equivalent amounts once they were 10 weeks and older. The DID test is thus sensitive to developmental age. DID intakes by young adolescent HDID-1 mice were greater than intakes by older mice, like those shown by studies with two-bottle preference. Early DID led to increased drinking as adults only in HS/Npt mice. HDID-1 mice provide a useful animal model for exploring whether DID and continuous access preference drinking have parallel consequences when initiated in adolescence.

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1. Introduction

Longitudinal epidemiological data indicate that adult propensity to be diagnosed with alcohol dependence increases the younger one first engages in intoxicating consumption ([Grant and Dawson, 1997;](#page-6-0) [Spear, 2002; Grant, 1998](#page-6-0)). It has been shown in rodent models that adolescents drink more ethanol on a gram ethanol per kilogram body weight basis than do adults when given a choice between an ethanol solution and water. Using the two-bottle preference test of ethanol vs water drinking, an early study found that separate groups of juvenile BALB/cCrgl mice (3–7 weeks old) had greater preference for 10% alcohol than mice 10–20 weeks old, supporting the idea that this strain shifts developmentally from alcohol accepting to alcohol avoiding ([Kakihana and McClearn, 1963](#page-6-0)). Adult mice exposed to ethanol as juveniles drink more of an ethanol solution than adults given first access during adulthood ([Ho et al., 1989; Blizard et al.,](#page-6-0) [2004; Tambour et al., 2008](#page-6-0)). For example, [Ho et al. \(1989\)](#page-6-0) showed

that C57BL/6J (B6) male mice given access to 10% ethanol beginning at 3 weeks postnatal had stable, mean licks at the ethanol bottle of about 1500/day until about 6 weeks of age, when licks increased to about 4000/day. B6 male mice given access to the same solution for the first time at 8 weeks of age had significantly fewer mean daily licks of about 3000. Both groups showed stable consumption from 8 to 16 weeks of age, indicating that the increase shown by the juvenile group during the 6th week of age was not likely to be due to the duration of exposure. Gradual exposure to ascending concentrations (from 0.5% to 10%) of alcohol during adolescence and into adulthood (from 5 to 12 weeks) has been shown to lead to increased ethanol preference during adulthood by two substrains of BALB/c mice vs mice introduced to 10% ethanol at 12 weeks [\(Blizard et al., 2004\)](#page-6-0). BALB/ cByJ but not BALB/cJ mice exposed to either forced 10% ethanol or a choice between ethanol and water during weeks 5–12 showed greater ethanol consumption in a two-bottle choice procedure at 12 weeks [\(Blizard et al., 2004\)](#page-6-0). All these studies used a two-bottle preference drinking paradigm with continuous access. The amount of ethanol consumed in such a test is one of the genetically most stable traits known in adult mice [\(Wahlsten et al., 2006](#page-6-0)).

None of these studies have employed limited access to alcohol (i.e., for a fraction of the 24 h day), and nearly all has employed choice between alcohol and water. We recently built upon a method where

[⁎] Corresponding author. VA Medical Center (R&D 12), 3710 SW US Veterans Hospital Road, Portland, OR 97239, United States. Tel.: +1 503 220 8262x56680; fax: +1 503 721 1029.

E-mail addresses: mettenp@ohsu.edu (P. Metten), brolaure@ohsu.edu (L.L. Brown), crabbe@ohsu.edu (J.C. Crabbe).

ethanol is offered to mice for 2–4 h/day during their circadian dark period, leading to relatively high levels of consumption ([Ryabinin](#page-6-0) [et al., 2003; Sharpe et al., 2005\)](#page-6-0). The drinking in the dark (DID) test established that C57BL/6J mice would drink enough ethanol to become intoxicated (i.e., "binge"; [Rhodes et al., 2005\)](#page-6-0) and tests in 12 inbred strains showed that DID is heritable and suggested that there is substantial, but not complete, overlap of the genes influencing DID and two-bottle preference drinking ([Rhodes et al., 2007](#page-6-0)). We subsequently selectively bred lines of mice for high blood ethanol concentration (BEC) after limited access to 20% ethanol beginning 3 h into the circadian dark ([Crabbe et al., 2009](#page-6-0)). Starting with a heterogeneous control stock (HS/Npt) developed by systematic intercrossing of 8 standard inbred mouse strains, we selectively bred in two genetically independent replicates those mice that had the highest BEC after a 4 h exposure on their second day [\(Crabbe et al.,](#page-6-0) [2009\)](#page-6-0). The HDID-1 line was recently compared with the HS/Npt control for two-bottle preference with continuous or limited access; these data also support partial overlap of genetic influences on ethanol preference and ethanol DID [\(Crabbe et al., 2010\)](http://dx.doi.org/doi:10.1016/j.alcohol.2010.12.001).

Recent work by other labs has begun to characterize the differences between adolescent and adult mice in binge models. [Strong](#page-6-0) [et al. \(2010\)](#page-6-0) showed that adolescent C57BL/6J mice (4–6 weeks) drank more ethanol than did adult mice using a 30 min access period combined with scheduled water consumption. When re-exposed to ethanol in a continuous access, two-bottle choice phase, adult female mice previously exposed to the binge procedure as adolescents drank more ethanol and had greater ethanol preference than did previously naïve adult female mice. This effect was not observed when the adult mice were re-exposed to ethanol in a 2 h limited access, two-bottle choice phase ([Strong et al., 2010](#page-6-0)). In another study, 4 week old C57BL/ 6J and DBA/2J mice of both sexes were compared with 9 week old adults using the 2 h DID test daily for two weeks [\(Moore et al., 2010a](#page-6-0)). Adolescent C57BL/6, but not DBA/2, mice consumed more ethanol than did adult C57BL/6J mice. A subsequent retest when the previously adolescent C57BL/6J group was 9 weeks old (and adults were then 14 weeks old) showed that the group exposed to the DID test during adolescence drank more ethanol than those previously exposed as adults [\(Moore et al., 2010a\)](#page-6-0). As predicted by prior work [\(Rhodes et al., 2007\)](#page-6-0), both age groups of C57BL/6J mice drank more than either age groups of DBA/2J mice [\(Moore et al., 2010a\)](#page-6-0).

In the current experiments, we asked whether adolescents exposed to alcohol using the DID test would ingest more ethanol on a gram ethanol per kilogram body weight basis than adults. We further asked whether exposure during adolescence would have lasting consequences on the amount of ethanol drunk when the DID test was readministered during (or repeatedly administered until) adulthood. In the first experiment, HS/Npt mice were exposed for two, weekly DID tests starting each week from weaning (3 weeks) until 8 weeks and were then retested for DID during PN weeks 9 and 10. In experiment 2, we tested the hypothesis that early and/or late adolescent HDID-1 mice would escalate their drinking when exposed to weekly DID tests compared with adult mice when exposed for nine consecutive weeks.

2. Methods

2.1. Animals and husbandry

Mice were housed in standard polycarbonate or polysulfone cages with stainless steel tops in groups of 1–4 males and 1–5 females until mating or testing. Mice were housed on Bed-o-cob® bedding (Andersons, Maumee, OH, USA) with bottles with stainless steel drinking spouts. Mice were born into a reverse light/dark cycle (12L:12D) where the room was illuminated using a red light bulb and maintained at 21 ± 2 °C. Cages were changed weekly on Mondays. Food and water were freely available (breeders: Purina 5008;

offspring, from weaning on: Purina 5001; PMI Nutrition International, Brentwood, MO, USA). All mice in both experiments were naïve at the beginning of the experiments.

2.1.1. Experiment 1

HS/Npt, a genetically heterogeneous stock of mice (see [Crabbe](#page-6-0) [et al., 2009\)](#page-6-0), was used for this experiment.

2.1.2. Experiment 2

Mice in this experiment were from the 17th selected generation of the first replicate High Drinking in the Dark-1 (HDID-1) selected line [\(Crabbe et al., 2009\)](#page-6-0). Colony and experimental conditions were the same as for mice in experiment 1.

2.2. DID testing

Mice were tested using our standard 4 day drinking in the dark (DID) procedure ([Rhodes et al., 2007\)](#page-6-0). Further details are given at [http://www.scripps.edu/cnad/inia/modelmousedrinkingindark.pdf.](http://www.scripps.edu/cnad/inia/modelmousedrinkingindark.pdf) Weights were taken 1 h before lights out on days 1 and 3 of each week mice were being offered ethanol. Each week, on days 1–3, starting 3 h into the dark cycle, the water bottle was removed from the mouse cage and replaced with a 10 ml drinking tube containing 20% vol./vol. ethanol in tap water (food was always available). Initial volumes were recorded, and 2 h later, the final volume was recorded. The ethanol tube was removed and the water bottle was replaced. Day 4 followed the same procedure as days 1–3. However, the ethanol tubes remained in place for an additional 2 h, for a total of 4 h. As described for individual experimental designs, mice were exposed to the DID test for multiple weeks, with or without gaps in testing. In all cases, the weekly DID test comprised 4 days of DID followed by 3 day respite where water only was available. A difference from the published DID procedures was that no blood samples were taken for BEC assessment until the very last day of drinking (in week 10) in experiment 1. No blood samples were collected during experiment 2. Ethanol consumption is expressed as gram ethanol per kilogram body weight. All procedures were approved by the Institutional Animal Care and Use Committee and adhered to NIH standards.

2.3. Experiment 1: experimental design

Thirty-five HS/Npt mating pairs chosen from the 64th generation were set up on the same day. Twenty-six of these pairs produced litters within 2 days of each other for a total of 216 offspring, from which we selected 168 mice for testing (3–12 per family). Within each family, mice of each sex were randomly assigned to one of 7 age groups (see Table 1), 12 mice per sex per group. Each age group comprised mice from a minimum of 8 families. Mice were individually

housed prior to the dark cycle on day 1 of their initial week of DID. Once individually housed, cages were changed every 2 weeks on Monday.

Mice of all age groups were randomly assigned to a drinking order (1–168) that would distribute the age groups and sexes across shelves of three drinking racks. Mice of age groups 4–9 weeks were weaned at 21 days into same-sex cages and then these group-housed cages were randomly assigned to the rack positions of the week 9 mice. The week 3 mice were weaned, weighed and then individually housed on day 1 and placed in their randomly assigned rack positions (e.g., 2, 5, 8, 9, …, 167); the other groups (weeks 4–9) remained group-housed with their cages interspersed among those of the week 3 mice. On day 8 (the first day of drinking for the week 4 mice and the first day of drinking in the second week for the week 3 mice), the week 4 mice were individually housed and placed in their randomly assigned rack positions (e.g., 7, 26, 40, 46, …, 161) and so on (see [Table 1](#page-1-0)). On day 15, week 5 mice were individually housed for their first day/week of drinking, week 4 mice began their second week of drinking, and week 3 mice had their cages changed, remaining individually housed and began weeks of rest from ethanol drinking. Thus, all mice experienced nearly equivalent disturbance to the rack at the same times of the day for body weight measurements and cage changes, and these disturbances began at 1 h prior to lights out (i.e., 4 h prior to ethanol drinking).

The first group of mice was given its first DID test at week 3 (i.e., at weaning). An additional group was started each successive week through week 9. Each group of mice was given the DID test initially for 2 consecutive weeks, with 3 days of rest between tests (see [Table 1](#page-1-0)). Mice then rested for varying amounts of time (0–4 weeks) until all mice began an additional 2 consecutive weeks of DID testing at week 9. The second week of DID testing for group 8 mice was during week 9, so these mice received 3 weeks of DID testing in a row. Similarly, the week 7 mice received 4 consecutive weeks of testing. After 4 h of drinking on day 4 of week 10, a 20 μl blood sample was collected from the periorbital sinus using a capillary tube. This was subsequently analyzed for BEC using gas chromatography [\(Rustay and Crabbe,](#page-6-0) [2004\)](#page-6-0).

2.4. Experiment 2: experimental design

Twenty mating pairs of HDID-1 mice from the 16th selected generation were set up on the same day. Second through fourth litter S17 offspring were weaned at 21 days of age into same-sex cages. Three age groups of mice were formed from offspring of different litters [e.g., 9 week old mice (week 9) were formed using second litter mice and week 4 mice were from fourth litters] to enable nearly simultaneous testing. Multiple families (4–6 per age group) were chosen from among the 20 families that had litters with birthdates within 2 days of each other (3 days for week 9 mice). Ultimately, 12 families were represented with 2–9 (mode: 4) mice per family in any single age group. Mice were individually housed prior to the dark cycle on day 1 of their initial week of DID and all groups had DID testing for 9 consecutive weeks (see [Table 1\)](#page-1-0). Once individually housed, cages were changed every 2 weeks on Monday.

Mice of all age groups were randomly assigned to a drinking order (1–76) that would mix the age groups and sexes across shelves on either side of the drinking rack. Upon weaning, group-housed cages were randomly assigned to the rack positions of the week 4 mice. Random assignment and rack placements were handled analogously to the description for experiment 1.

2.5. Statistical analyses

Data were first examined to eliminate excessive "drinking" values we deemed spurious [\(http://www.scripps.edu/cnad/inia/](http://www.scripps.edu/cnad/inia/modelmousedrinkingindark.pdf) [modelmousedrinkingindark.pdf\)](http://www.scripps.edu/cnad/inia/modelmousedrinkingindark.pdf). Occasionally, this was due to a tube that leaked (and emptied), but this can also occur when a mouse plays with the tube. All 2 h consumption values of more than 12 g/kg were deleted, a value approximately 4–5 SD greater than the means. In experiment 1, data from 3 male mice were deleted entirely for having multiple 2 h "consumption" values in excess of $16 \frac{g}{kg}$ (many >20) leaving 165 mice in the study. In total, 12 animals of 165 had some data removed for reasons other than a known leaky tube (a total of 20 of the 2950 two hour drinking periods or less than 1%). These data were treated as missing for statistical analyses. The range of consumption values was from 0 to 11.91 g/kg in the remaining mice. In experiment 2, four mice had gram per kilogram intake data greater than 12 g/kg/2 h or leaky tubes on multiple occasions, so their data were deleted, leaving 72 mice. Of the remaining 72, 5 animals had some data removed, affecting a total of 12 of the 3240 two hour drinking periods or less than 0.5%. The range of 2 h consumption values was from 0 to 11.87 g/kg in the remaining mice.

Data were analyzed by analysis of variance (ANOVA) using Systat v.13 (Systat Software, Inc., Chicago, IL). Results were taken to be significant at $p<0.05$.

3. Results

3.1. Experiment 1

Results are shown in [Fig. 1](#page-3-0), where we depict (and analyze) only the data from the 4th day of the test. For each analysis described below, we first employed the ANOVA described including sex as a factor. Female mice drank significantly more ethanol than males in nearly all analyses, but sex did not interact significantly with any other factor. For the first analysis, we asked whether age groups differed in DID on their first test. There were no significant effects $(F 6, 156 = 1.29, NS)$ indicating that the age groups drank equivalently on day 4 of their first week.

Based on the available literature, we hypothesized that mice would increase ethanol intake over 2 or more successive weeks. We looked at the data in several ways to address this hypothesis. First, age groups 3– 7 weeks old drank ethanol for a total of 4 weeks (2 weeks, then a break of 4 to no weeks, respectively, then 2 weeks), so these groups were analyzed separately by repeated-measures ANOVA on week. As expected, there was a significant main effect of week (F 3,309 = 4.32, $p<0.01$) and a significant interaction with group (F 12,309 = 2.13, p <0.05). The main effects of group (F 4,103 = 1.74, $p = 0.14$) and sex $(F 1, 103 = 1.37, p = 0.06)$ were not significant, nor were there significant interactions of sex with week or sex \times week \times group (F 3– 12,309≤1.04, NS). Therefore, we collapsed on sex for the remaining analyses. We next asked whether there were differences among weeks within each group. Only the 4 and 6 week old groups showed significant effects of drinking week (both Fs $3,66 > 3.69$, $ps < 0.05$). Post hoc tests showed that the 4 week old group drank significantly more ethanol in their 10th week than they did in their 1st or 2nd week (pairwise mean differences $>$ 2.14, ps < 0.05). The 6 week old group showed a different pattern. This group showed greater ethanol consumption in their 2nd week than any other week (pairwise mean differences > 1.15 , ps < 0.05).

Next, we compared drinking by all seven age groups between their second week relative to the first. Intake increased significantly in the second week (F 1,155 = 13.7, $p<0.001$) but neither the main effect of group nor its interaction with week (F 6,155 < 1.61, p > 0.15) were significant.

Two groups had more than two consecutive weeks of drinking: the 8 week old group (3 weeks) and the 7 week old group (4 weeks). Separate analyses showed that the 8 week old group (F 2,42 = 10.56, $p<0.001$; main effect of week) showed a pattern similar to the 4 week old group in that their drinking during their 10th week was greater than that in their 1st or 2nd week (pairwise mean differences >3.06 , $ps<0.01$). For the 7 week old group, the main effect of week was not significant (F 3,66 = 2.21, $p = 0.096$).

Fig. 1. Drinking in the dark by young and adult mice of seven age groups. Male and female HS/Npt mice were given access to 20% ethanol in the drinking in the dark (DID) test. At the time of the initial test, mice were 3–9 weeks old (group). Total ethanol consumption (g/kg) over the 4 hours on the fourth day of the DID test in each week is plotted, collapsed across sex. Each age group from 3 to 9 weeks was tested for 2 consecutive weeks (first week bars are light grey; second week bars are dark grey). Age groups 3-6 weeks were then treated normally until 9 weeks of age and then were retested for 2 consecutive weeks (week 9 bars are hatched diagonally; week 10 bars are dotted). The group 7 week mice were tested for 4 consecutive weeks, while group 8 week mice were tested for 3 consecutive weeks (see [Table 1](#page-1-0)). *, significantly greater consumption than in the first week of the same age group $(p<0.05)$. **, significantly greater consumption than in the first or second weeks of the same age group ($p<0.01$).

There were no differences between sexes, among age groups, or in their interaction in BECs at the end of drinking in week 10 (Fs 1– 6,151 < 1.56, NS). BECs averaged 0.44 ± 0.04 mg/ml across the experiment, with 53 mice having BECs of 0 and 62 with BECs \geq 0.50 mg/ml (range: 0–2.21, data not shown).

As shown in Table 2, body weights among groups of same-sex mice were similar at the same ages (all $Fs<3.11$, NS). When all mice were 9 and 10 weeks old, age group had no main or interaction effects on body weight (all $Fs<1.15$, NS), indicating that prior drinking experience did not affect adult body weight.

3.2. Experiment 2

Results (again, for the 4 h test on the 4th day of each week) are shown in [Fig. 2.](#page-4-0) Data were first subjected to a repeated-measures ANOVA on the number of weeks of drinking, with sex and age at start as between groups factors. Significant main effects of sex (females > males; F 1,64 = 8.62, p < 0.01), age group (F 2,64 = 3.39, p < 0.05) and weeks (F 8,512 = 3.63, $p<0.001$) were found. There were no significant interactions (all $F \leq 1.02$). The group of mice beginning drinking at 4 weeks of age consumed more ethanol than the other groups. The pattern of changes across weeks of testing in all groups combined was followed up with further analysis using pairwise mean difference tests on week. In all but the mice starting at 4 weeks old, consumption increased over the first 4 weeks by about 1 g/kg, before tapering back to nearly the initial value by week 9. For all subsequent analyses, we collapsed data across sex.

Next, we ignored the specific number of weeks of prior drinking experience and simply compared the groups when they reached the same ages. For the first comparison, data from the 4 week- and 6 weekinitiated animals were analyzed using the data from 6 to 12 weeks old (see [Fig. 2](#page-4-0)). Significant main effects of group (week 4 > week 6; F 1,43 = 5.24, p <0.05) and age (F 6,258 = 2.54, p <0.05) were found. The interaction was not significant (F 6,258 = 0.87, NS). The second

Table 2

Body weights by group and sex at different ages in HS/Npt mice in experiment 1. Body weights were assessed on days 1 and 3 of each week of DID testing. The data shown represent the mean \pm SEM body weight of the mice on day 1 of each week. No significant differences among groups within sex were found at any age at drinking.

Age at start (group)	Age at drinking (week)							
	3	4	5	6	$\overline{7}$	8	9	10
Female 3 weeks 4 weeks 5 weeks 6 weeks 7 weeks 8 weeks 9 weeks	10.7 ± 0.3 g	14.2 ± 0.4 g 13.9 ± 0.3 g	16.6 ± 0.4 g 17.0 ± 0.5 g	18.9 ± 0.5 g 18.2 ± 0.4 g	18.6 ± 0.4 g 18.5 ± 0.6 g	19.1 ± 0.5 g 19.9 ± 0.3 g	20.3 ± 0.3 g 19.4 ± 0.3 g 21.3 ± 0.6 g 19.9 ± 0.4 g 19.9 ± 0.5 g 20.4 ± 0.3 g 19.4 ± 0.6 g	20.8 ± 0.4 g 20.0 ± 0.3 g 21.4 ± 0.6 g 20.4 ± 0.4 g 20.6 ± 0.5 g 21.0 ± 0.3 g 19.8 ± 0.6 g
Male 3 weeks 4 weeks 5 weeks 6 weeks 7 weeks 8 weeks 9 weeks	11.2 ± 0.3 g	16.7 ± 0.4 g 17.3 ± 0.6 g	19.6 ± 0.7 g 21.0 ± 0.4 g	22.2 ± 0.4 g 22.8 ± 0.7 g	22.9 ± 0.8 g 24.1 ± 0.8 g	24.6 ± 0.9 g 25.1 ± 0.8 g	24.2 ± 0.3 g 24.3 ± 0.6 g 25.4 ± 0.5 g 24.7 ± 0.9 g 25.5 ± 0.9 g 25.5 ± 0.8 g 25.1 ± 0.7 g	24.5 ± 0.5 g 24.6 ± 0.7 g 25.9 ± 0.5 g 25.0 ± 0.8 g 25.9 ± 0.9 g 25.9 ± 0.7 g 25.5 ± 0.6 g

Fig. 2. Drinking in the dark by early, mid-to-late adolescent and adult HDID-1 mice. Male and female mice were given access to 20% ethanol in the drinking in the dark (DID) test. At the time of the initial test, mice were 4, 6 or 9 weeks old. Data plotted are the mean \pm SEM total ethanol consumption (g/kg) over the 4 hours on the fourth day of the DID test in each of 9 weeks, collapsed across sex (see [Table 1](#page-1-0)).

comparison used the data from 9 to 12 weeks old for all 3 age groups. Neither main effect was significant (Fs from 0.53 to 2.11), but there was a significant interaction of age \times group (F 6,204 = 2.95, p $<$ 0.01). This was followed up by separate ANOVAs of group within age. The effect of group was significant at 9 weeks of age ($F 2,69 = 4.03$, $p < 0.05$) but not at ages 10–12 weeks (Fs 0.91–2.84). Thus, the mice starting drinking at 4 weeks of age drank significantly more ethanol at 9 weeks of age (Tukey's HSD = 1.94, $p<0.05$) than did the naïve group (those that started drinking at 9 weeks). The group that began drinking at 6 weeks of age was not different from either of the other groups at 9 weeks of age.

Body weights among groups of same-sex mice generally were similar at the same ages (see Fig. 3); however, analyses showed that male mice in the 4 and 6 week old groups showed significantly lower body weight (22.09 \pm 0.45 and 22.60 \pm 0.44 g, respectively) at 10 weeks of age than the male mice of the 9 week old group (24.95 ± 0.81 g).

Fig. 3. Body weights by group and sex at different ages in HDID-1 mice in experiment 2. Body weights were assessed on days 1 and 3 of each week of DID testing. The data shown represent the mean \pm SEM age of the mice (in weeks) vs the body weights (g) on day 1 of each week. Groups of male mice are shown with solid lines; female mice are shown with dashed lines. Symbols represent group age at the start of testing. No significant differences among groups within sex were found. The male mice of the 4 and 6 week groups showed significantly lower body weight at 10 weeks of age, but not at other ages, than did the male mice of the 9 week group. There were no differences in body weight among groups in female mice of the same age.

4. Discussion

Previous studies have demonstrated that C57BL/6J inbred strain mice given ethanol in binge consumption models drink more ethanol than do adults and also drink more ethanol when they become adults than do C57BL/6J mice first exposed as adults for periods of up to 14 days ([Strong et al., 2010; Moore et al., 2010a](#page-6-0)). The present studies extend this finding to another genotype: early adolescent HDID-1 mice drank more ethanol in the DID test overall than did late adolescent or adult mice during a 9 week study. This was found when comparing all three age groups over the 9 weeks of testing, as well as in comparisons when mice were the same ages. The group that began drinking at 4 weeks drank significantly more ethanol between 6 and 12 weeks of age than did the group that began drinking at 6 weeks. When all three age groups were compared at 9 weeks of age, the group that began drinking at 4 weeks drank significantly more than the naïve group (the 9 week group that began drinking that week). There was no statistical evidence that any individual age-initiated group of HDID-1 mice increased drinking over the course of the 9 week study. The significant main effect of week appeared to be due to a gradual increase in consumption from initial values across the first 4 weeks of drinking in all but the 4 week old group, but the age groups did not differ by 10 and 12 weeks of age (Fig. 2). The mice started in late adolescence (6 weeks) differed from the other two groups in that they appeared to decrease their consumption during later tests. By adulthood, they were clearly drinking less than the group that started drinking as adults. Whether this overall pattern represents an effect of early adolescent (4 weeks) exposure to enhance drinking or an effect of mid-to-late adolescent exposure (6 weeks) to reduce drinking with prolonged exposure in adulthood cannot be determined from the current data. It would be necessary to continue the DID test in all groups through ages older than 14 weeks to resolve this issue (Fig. 2).

In the HS/Npt mice, the age of initiation of drinking in the DID test was not important, as all groups drank approximately the same amount of ethanol in their first week [\(Fig. 1,](#page-3-0) light grey bars). This is consistent with another study using a heterogeneous mouse stock where greater ethanol consumption by adolescent mice relative to adults in a continuous access, two-bottle choice study took 3 weeks to develop [\(Tambour et al., 2008\)](#page-6-0). Experiment 1 provides some support for the hypothesis that earlier drinking experience in some age groups may increase later drinking. Results showed a significant increase in consumption during the second week across groups ([Fig. 1](#page-3-0)). In particular, the mid-to-late adolescent 6 week group showed elevated ethanol consumption the following week that returned to initial values in their 9th and 10th weeks of age. The mice beginning drinking in their 4th or 8th week of age also showed significant effects of testing week [\(Fig. 1](#page-3-0)). Both the groups initiated as early adolescents (4 week) and as adults (8 week) showed significantly increased ethanol consumption during their 10th week of age (a repeated test during adulthood). For the 4 week group, this reflected a steadily increasing progression of intakes across the 4 weeks of testing. The finding of elevated intake only during week 10 in the 8 week old group (and the lack of increase in the 9 week group) suggested that at least 3 consecutive weeks of DID testing might be necessary to see an increase over time. However, the 7 week old group, which had 4 consecutive weeks of DID, did not show this pattern. Furthermore, the absolute level of consumption in week 10 on day 4 by the 8 week group was clearly higher than that of any group in any week [\(Fig. 1](#page-3-0)). We also examined data from days 1–3 of each week by this group and found that week 10 intakes on these days were similar to those of weeks 8 and 9. Had the 9 week group been tested for another week and shown an increase similar to the 8 week group, it might have been possible to suggest that there was a developmental difference between the 7 week and 8 week group. Unfortunately, the 9 week group was only tested for 2 weeks. Thus, we cannot exclude the possibility that the dramatic increase of about 3 g/kg in the 8 week group in week 10 was stochastic. In experiment 2, the 9 week group of HDID-1 mice also showed an increase of consumption of about 1.5 g/ kg over the first 3 weeks, which appeared to stabilize later ([Fig. 2](#page-4-0)).

[Tambour et al. \(2008\)](#page-6-0) found that adult (10 weeks) and adolescent mice (4 weeks) that had equal durations of exposure (8 subsequent weeks) eventually did not differ in consumption (i.e., when the mice were all adult); however, this was because the adult group's drinking eventually increased to match the adolescent consumption rather than because the adolescents decreased their consumption. Thus, the return to first week values of ethanol consumption of the 6 week HS/ Npt group when they were 9–10 weeks old, relative to their increased consumption when they were 7 weeks old, was unexpected. The finding in experiment 2 that the 6 week HDID-1 group also appeared to drink more ethanol during the middle of their test and return to approximately initial levels during their last week of drinking [\(Fig. 2](#page-4-0)) suggests that there may be some developmental changes during this time that may be influencing DID. Alternatively, the low intake of the 6 week-initiated group during week 14 may be a stochastic event.

The 4 week old HS/Npt group appeared to increase their consumption gradually over the 4 weeks of testing ([Fig. 1](#page-3-0)), while the 4 week old HDID-1 group remained fairly stable at a higher level than the groups started at older ages [\(Fig. 2\)](#page-4-0). Aside from genotype, the primary difference between these two studies is that the HS/Npt mice were tested for DID for 2 weeks and then had 3 weeks off before drinking again, while the HDID-1 drank for 9 consecutive weeks. Although this was not tested directly, it suggests that there are developmental factors active near or before 4 weeks of age in the HDID-1 line that may develop later in the HS/Npt mice. Further work would obviously be needed to test this hypothesis.

The 3–6 week age groups of HS/Npt mice all experienced 2 weeks of drinking and then a period from 1 (6 week group) to 4 (3 week group) weeks without ethanol access. This hiatus could have produced an increase in drinking when mice began drinking again at 9 weeks of age, a phenomenon known as the alcohol deprivation effect [\(Sinclair and Senter, 1968; Melendez et al., 2006; Füllgrabe](#page-6-0) [et al., 2007\)](#page-6-0). However, [Fig. 1](#page-3-0) shows no evidence for such an escalation in drinking. It is possible that continuous access to ethanol access to a choice between ethanol and water and/or a longer period of DID prior to deprivation are required to elicit the alcohol deprivation effect. Further work would be necessary to clarify these issues.

We have reported data only from the 4th day each week. On this day, animals are offered 4 h access to ethanol, and the DID assay is based on intakes (and blood ethanol levels) achieved by drinking on that day. We also analyzed data for days 1–3 each week for each experiment, following the same ANOVA approach described in the [Results.](#page-2-0) The outcome of experiment 2 looked essentially the same during the first 3 days as during the $4th$ day; only the details of the statistical outcomes differed. For experiment 1, the picture was a bit more complicated. Some of the week-specific differences revealed during the 4 h DID test were not seen on the earlier days when drinking was limited to 2 h each day. For example, the very high intakes of the 8 week old group tested at 10 weeks seen on day 4 were not apparent during days 1–3. For any reader interested in access to all the data from either experiment, we will happily supply data files.

There is considerable evidence that adolescent rats drink more ethanol on a gram per kilogram basis than do adult rats (e.g., [McBride](#page-6-0) [et al., 2005; Maldonado-Devincci et al., 2010; Hargreaves et al., 2009;](#page-6-0) [Walker et al., 2008\)](#page-6-0), although there are also several studies that have found the opposite results (e.g., [Siegmund et al., 2005; Bell et al.,](#page-6-0) [2006; Füllgrabe et al., 2007\)](#page-6-0). Some studies in rats have found that adolescent exposure to ethanol increases later drinking during adulthood (e.g., [Maldonado-Devincci et al., 2010; Hargreaves et al.,](#page-6-0) [2009\)](#page-6-0), although others have seen lower ethanol consumption in adulthood (e.g., [Siegmund et al., 2005](#page-6-0)). It is difficult to say what factors might explain the differences in results. Aside from a great

number of procedural variations, whether males or females or both were studied, the ages of the rats at onset and at adulthood and rat strain (e.g., Wistar, Sprague–Dawley, the alcohol preferring P rat, among others) also vary widely in this literature. The facilitating effects of early exposure on adult drinking may be expressed to a greater degree in high drinking genotypes (Bell & Rodd in [Barron](#page-6-0) [et al., 2005; Tolliver and Samson, 1991\)](#page-6-0) and may not be seen when ethanol vapor exposure is substituted for early drinking exposure [\(Slawecki and Betancourt, 2002\)](#page-6-0).

The mechanisms underlying these effects are not known. Adolescent rodents are less sensitive than adults for many (although not all) measures of sensitivity to acute ethanol and also less likely to display withdrawal symptoms, and this differential sensitivity shows genotype dependence [\(Hefner and Holmes, 2007; Linsenbardt et al., 2009;](#page-6-0) [Moore et al., 2010b](#page-6-0)). The differences cannot generally be explained by pharmacokinetic differences [\(Spear and Varlinskaya, 2005\)](#page-6-0), although at least in mice, pharmacokinetic differences have explained some specific, strain-dependent behavioral sensitivity differences between adolescents and adults ([Linsenbardt et al., 2009](#page-6-0)). BECs in experiment 1 did not differ from those we have seen in HS/Npt mice after only 2 days of DID, suggesting that there may not have been pharmacokinetic adaptation in response to longer term DID (cf. [Crabbe et al.,](#page-6-0) [2009\)](#page-6-0). Some difficulties in interpretation of studies with adolescents include whether the test apparatus are appropriately scaled for each age group and whether the test measure is age-appropriate at the time of the test (for example, see [Moore et al., 2010b](http://dx.doi.org/doi:10.1002/dev.20501)). Furthermore, equilibrating the dosages of ethanol between adolescents and adults is difficult. For example, comparison of gram per kilogram intake across animals of different ages may be problematic if there are developmental changes in pharmacokinetics or drug distribution across body tissues [\(Barron et al., 2005](#page-6-0)). In one continuous access two-bottle preference study, adolescent C57BL/6J mice that started drinking at 3 weeks accelerated their drinking between the ages of 4 and 6 weeks as their body weight increased, and drinking plateaued when body weight stabilized ([Ho et al., 1989\)](#page-6-0). In our HS/Npt study, the group beginning drinking at 6 weeks showed their greatest drinking in their 7th week of age, which is similar to the age at which their rate of weight gain began to slow; however, the 4 week group showed their greatest drinking in their 10th week, presumably well after their rate of weight gain slowed (see [Fig. 1](#page-3-0) and [Table](#page-3-0) 2). While the 6 week group HDID-1 mice did increase their drinking over their first few weeks in a pattern similar to their change in body weight, the drinking of the 4 week group was already higher than those of the other groups when the mice were only 13–14 g (see [Fig. 3](#page-4-0)). Thus, the hypothesis that drinking changes mirror body weight changes warrants further study.

Together these studies show that the DID test can be sensitive to age-related differences. They show that the HDID-1 line, selectively bred for high blood ethanol concentration after drinking in the dark, is another useful genetic animal model in which to examine development of high ethanol consumption. The relationship between age of onset of testing and alcohol intake is similar to that seen in most twobottle preference drinking studies with continuous access. This relationship, however, was genotype-dependent and was not seen in the HS/Npt stock. Similarly, the effect of early exposure to elevate adult drinking was partially supported in the current work, but only in the HS/Npt stock when drinking started at 4 weeks of age. Thus, either adolescence per se or perhaps experience can elevate ethanol drinking under certain conditions, and the genotype of the mice appears to be one important factor.

Acknowledgements

The authors thank Jason P. Schlumbohm, Andy Jade Cameron, Stephanie E. Spence, Larry C. Huang, Chia-Hua Yu and Kate L. Mordarski for the help with the experiments and data curation and presentation. This work was supported by the Department of Veterans Affairs, AA10760 and AA13519 from the NIH, and an NIH LRP award (PM)

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